

# RHE

At St Francis Catholic Primary School, we aim to develop our children's skills and knowledge to enable them to become independent, confident, healthy and responsible members of society.

Weaving through the heart of our PSHE teaching, is a commitment to enhancing and promoting our core School Values and Mission Statement of Recognising Christ in Everyone. Through the Ten Ten programme we ensure that our teaching is based upon the teachings of the Catholic Church.

We aim to develop children's knowledge, skills, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We develop their awareness of how they can become Global Citizens now and in their future roles. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. In an ever-changing world, it is important that they are aware, to an appropriate level, of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being.

It promotes their spiritual, moral, cultural, mental and physical development, preparing them for the opportunities, responsibilities and experiences for later life. It enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.

Aims of our RHE curriculum—

- To encourage children at our school to build strong inter-personal relationships, fostering mutual respect between all regardless of age, gender, race, religion, capability or occupation
- To celebrate the achievements of all in our community, valuing all contributions and efforts made by all individuals
- Motivate children to be active members of the community, at school, at Church and locally and act as Global Citizens.
- Encourage children to make healthy life choices and lead healthy lifestyles
- Encourage opportunities to discuss own and others' feelings and emotions, building a range of strategies and support networks during times of need.

